

An Authentic Kerala Ayurveda Centre




VCC
ayurveda[®]
be balanced

VCC Ayurveda & Medical Research LLP

An ISO & Gold Leaf Certified Centre



Late Vaid V. C. Cherian
Founder



Dr. A. C. Thomas
M.D.



Dr. Greshma Thomas
Consultant Physician

Ayurveda

"A way of life than just a medical system"

- It is the most ancient holistic medical system with an extensive documentation and an impressive record of safety and efficacy researched over a long time.
- This system provides an excellent line of low cost treatments for all ailments.
- It focuses on causes rather than symptoms with preventive and curative interventions which is why it is the most effective system of treatment.

Ayurvedic Medicines

"Cure in tune with nature"

- Herbs and minerals are the major source of Ayurvedic medicines and have no adverse side effects.
- Allopathic drugs contain a single active substance and have many ill-effects.

VCC Ayurveda

"A biological link between man and nature"

- VCC Ayurveda & Medical Research LLP is an ISO & GOLD LEAF certified Clinic.




VCC
ayurveda

Ayurveda
effectively cures
Arthritis

& other rheumatic ailments
with no side effects



Dedicated Medical Team

- It traces its legacy from the renowned 'Vazhimangalathu' family of Ayurveda Vaidyas (Physicians) in Central Kerala.
- It has a rich heritage of medical excellence with a vast repository of traditional Ayurvedic knowledge handed down from generations.
- The natural treatments at VCC have resulted in establishing liaisons with thousands of cured patients around the globe with a smile.

Why VCC Ayurveda ?

An authentic Kerala Ayurvedic Centre for wellness and cure

- An authentic Ayurvedic centre from Kerala, "God's own country" for wellness and cure.
- A variety of self developed, specialized therapeutic techniques in MarmaVigyan and Reflexology.
- Diagnostic & Pathological investigations in association with Dr. Lal Path Labs the largest diagnostic & Path Labs in Asia.

Dedicated Medical Team

- Headed by the visionary Dr. A. C. Thomas, Managing Director, an active philanthropist, winner of many prestigious awards including the "Excellency Award" for his dedicated services in health care.
- A dedicated team of experts from the field of Ayurveda, Naturopathy, Yoga and Modern Medicines.

Diagnosis & Treatments at VCC

Since each individual has their own body constitution, our physicians carefully assess the patients Prakruti (constitution), Vikruti (imbalance) and Lifestyle.



Besides, we take notes of the person's present complaints, past, personal and family history of diseases, general, physical and systemic examination etc. through Ayurvedic diagnostic procedures like Prasna, Darsana, Sparsana, Nadi Pareeksha etc.

Re-Validation

All our traditional methods of diagnosis are re-validated by ultra-modern investigative techniques through our partners Dr. Lal Path Labs.

Products:

- Over 800 GMP certified Ayurvedic products with world class quality.
- Ayurvedic Medicines, Immunity & Energy boosters.

Treatments

Panchakarma

- Panchakarma means five fold therapies which includes Virechana, Vamana, Basti, Nasyam and Raktamokshana. These are very effective treatments for detoxifying and cleansing the body both physical and mental thus making the person healthy.
- Done for deep-rooted chronic diseases as well as seasonal imbalance of the body. It tunes up the body, organs, mind, breath, nerves and purifies the blood.



Ayurveda
effectively cures
Spondylitis
& other degenerative
Disorders
with no side effects





Well-integrated Health Management

Kerala's Special Treatments

- Centuries ago, the Vaidyas (Physicians) of Kerala preserved this system in its sanctity and developed it into different therapeutic techniques like, Abhyangam, Pizhichil, Siro Dhara, Navarakizhi, Patrapotalisveda, Choornasveda, Kativasti & Udhvardhanam etc.
- These treatments effectively cure, relaxe, rejuvenate and retard the ageing process.

Abhyangam (Oil massage)

- Highly relaxing and soothing. Flushes out toxins from the body.
- Improves concentration, intelligence, confidence & youthfulness.
- Alleviates rheumatic disorders, provides comfort to the eyes & sound sleep.
- Tones up the body, improves flexibility and provides softness and firmness to the skin.
- Keeps away all ailments and imparts longevity.

Pizhichil (Oil Bath)

- Effective in rheumatic diseases like arthritis, paralysis, spondylitis, hemiplegia, nervous disorders, diabetes, high blood pressure, fits, psoriasis, asthma and even in tuberculosis in early stages.

Siro Dhara

- Effective for mental relaxation, stress and strain, insomnia, impaired memory, depression, decreased mental agility, neuro disorders, high B.P., hemiplegia, diseases above the neck, fatigue and lack of vitality.


VCC
ayurveda
Ayurveda effectively cures
Slipped Disc
& other spinal disorders
with no side effects

Total Long-Lasting Health

Navarakizhi (Rice Pudding Massage)

- The most rejuvenating Treatment for body, mind and soul.
- Useful in all kinds of rheumatism and paralysis .

Elakizhi (Patrapotali Sveda)

- Prime treatment in pain management, muscle cramps, stress and arthritis.
- Tones up the skin and is superbly relaxing.

Udwarthanam (Natural Weight Loss)

- Softens and exfoliates dead skin cells leaving a lustrous glow.
- Opens circulatory channels, facilitates the metabolic activity, improves complexion and texture of the skin.
- Most promising effect is slimming up of bulky body.

Discover the Power of healthy living Wellness Programmes

'Kayakalpa Chikitsa'

- Prime treatment for retarding the ageing process and arresting the degeneration of body cells.
- Improves the immunity of the body.

Shodhana Chikitsa (Body Purification Therapy)

- Purification and rejuvenation of the body and mind, including the six indriyas (senses)



Ayurveda
effectively cures
Obesity
& its associated risks
with no side effects



The Most Successful Treatments at VCC



SLIPPED DISC
(Kati Graha)

**& OTHER SPINAL
DISORDERS WITH
NO SIDE EFFECTS**



RHEUMATOID ARTHRITIS
(Amavata/ भठिया)

**EFFECTIVE CURE FOR
ARTHRITIS & OTHER
RHEUMATIC AILMENTS**



OSTEO-ARTHRITIS
(संधिवात)

**SAY NO TO
KNEE REPLACEMENT!**



OBESITY
(मोटापा)

**LOSE WEIGHT
NATURALLY**

VCC
ayurveda

Ayurveda
effectively cures

Frozen Shoulders
& other chronic ailments
with no side effects



OUR WELLNESS PROGRAMME

Prevention is better than Cure

Relax... Detox... Rejuvenate...

Cure from God's own country

Super Speciality Treatments

- Arthritis
- Spondylitis
- Paralysis
- Frozen Shoulder
- Slipped Disc
- Joint Pain
- Skin Diseases
- Psoriasis
- Stress & Strain
- Depression
- Kidney Stone
- Diabetes
- Stomach Disorders
- High Blood Pressure
- AVN
- Trigeminal Neuralgia
- Facial palsy
- UTI
- Eczema
- Migraine
- Sinusitis
- Asthma
- Infertility
- Piles

Wellness Programs

- Natural Weight loss
- Anti Ageing Prog.
- Relax-Detox Therapies
- Yoga & Meditation
- Skin & Hair Treatments
- Geriatric Care
- Panchakarma
- Cholesterol Management
- Post-Delivery Care
- Rejuvenation Prog.
- Immunity Prog.
- Eye Treatments

Pathology Services In association With Dr. Lal Path Labs

 **Dr. Lal Path Labs**

Accreditations & Certifications

- NABL ● American College of Pathologists ● GMP ● ISO ● GOLD LEAF



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